



Cheer & Dance Battles Ultimate Battle Division Rules and Regulations

Individuals Division

All-Star/Open Divisions

- :45 second minimum - 1:00 minute total routine time with music.

Varsity, Junior Varsity, Middle School Divisions

- 1:15 second routine. No more than :45 seconds music. :30 seconds cheer/chant.
- **Judging will be based on:**
 - **Standing Tumbling**
 - **Running Tumbling**
 - **Motions & Dance**
 - **Jumps**
 - **Showmanship/Crowd Appeal**
 - **Creativity/Choreography**
 - **Overall Impression**

Group Stunt and Partner Stunt

- :45 seconds – 1:00 Minute total routine time.

All-Girl Stunt:

- Can use up to **5** participants

Partner Stunt (Single Based):

- Can use up to **2** participants (plus spotter).
- **Judging will be based on:**
 - **Stunts**
 - **Basket Tosses (not for Partner Stunt)**
 - **Difficulty of skills**
 - **Cleanliness**
 - **Creativity (Entries, Dismounts & Transitions)**
 - **Overall Impression**