

Cheer and Dance Battles

Solo Score Sheet

Technique

Execution of Style..... 10 points

(Pom, Hip Hop or Jazz)

Showing true and authentic style in each specific category, quality of movement.

Execution of Skills 10 points

Jumps, leaps, turns, kicks, acro, freezes, floor work, partner work, lifts, etc.

Quality of movement 10 points

Extension, flexibility, body alignment, balance.

Strength/Control 10 points

Intensity and presence in the movement

Choreography

Musicality..... 10 points

How well performance goes with the music, use of accents, lyrics and style

Creativity..... 10 points

Creativity of movement, weight changes, directional changes

Difficulty..... 10 points

Level of difficulty of skills, movement, tempo, partner work, lifts etc

Routine Staging..... 10 points

The flow of the routine, utilization of the floor, transitions, levels, interaction as a pair

Overall Effect

Communication / Projection Audience Appeal & Appropriateness..... 10 points

Ability to exhibit a dynamic routine with showmanship and audience appeal, age appropriate music, costume and choreography that enhances the performance